

ALL APPLIANCES AVAILABLE NOW INFLEXIBLE    
OR SEMI-RIGID  BIOCOMPATIBLE SILICONE

	IN COMBINATION WITH FIXED MECHANICS	CL II	CL I	CL III	
AGE 3					AGE 3
4		U Kiddy			4
5					5
6		U Start		U Class3 SMALL	6
7					7
8	U Brace SMALL	U Trainer S			8
9					9
10		U Class2 PRE or U Class2	U Trainer	U Class3	10
11		U Class2	U Trainer+ NEW		11
12	U Brace				12
13					13
14			U Pilot Size 1 to 7		14

U Pilot Size template



Grab patients' hands on time, reach higher efficiency in orthodontic treatments, create beautiful smiles and happy patients.

SD-PR-001-06EN ver01
2026.05.19

Health & Smile

Easier than you think!



BREATHING



SWALLOWING



CHEWING



POSTURE



FACIAL BALANCE



WHAT IS A TRAINER?

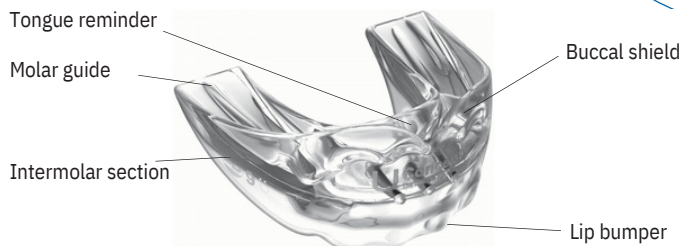
A trainer is an appliance of **functional treatment** which influences the development of the jawbones through balancing perioral muscle function, the position and function of the tongue and through preferential nasal breathing. It can be used from around the **age of three or four years** which enables the development of correct muscular and breathing function during growth. **In childhood and in the adult** it enables muscular tensions to be relaxed. It helps with **the correction of bad habits** already formed, such as: breathing through the mouth, infantile deglutition, extreme lip tension, low tongue position, biting the lower lip, weak lip musculature, certain types of phonation problems, etc.

The use of a **soft silicone** material largely facilitates getting used to the appliance. **The wide range of trainers covers the full spectrum of anomalies to be treated.** Should the patient feel any discomfort the appliance can be **easily adapted** to the child's size.

GENERAL CHARACTERISTICS OF THE APPLIANCE

The appliance is made of sterilisable, biocompatible, odour free silicone in **Shore hardness 30 and 50**. The recommended protocol is to start treatment with an appliance of Shore 30 hardness and then switch to a Shore 50 hardness one if necessary (in case of frequent damage due to chewing).

PARTS OF THE APPLIANCE



U Concept Trainer BENEFITS

- Early treatment from the age of 3 - start treatment still on milk teeth
- Use as a pretreatment for complicated cases
- Helps to achieve healthy breathing, swallowing, chewing, and posture
- Comfortable use - made of soft silicone
- Painless treatment
- Shorter chair time
- A variety of patient guides with Exercises

U Concept Trainer BROCHURES

